

The Power of Transformaton

By Seema M. Dewan

The Power of Transformation

Inspirational Writings by
Seema M. Dewan

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Opening Messages



*O Dear Master
You came to me
And my life changed
Your simple glance
Guided my thought
Your words of wisdom
Sweetened my tongue
Your acts of mercy
Filled me with a love to serve
I prayed...
“Lord give me the strength
To be Your child”*

*And one day
You stood
Before me
And said
“Are you ready?”
“Yes” I whispered...
You walked ahead
In silence
And I knew
That I was saved...
For the rest
Simply was
God’s amazing grace...*



THE POWER OF TRANSFORMATION

Everything that happens is always for the greater good. In time, the riddles that seem to be unsolved become solved, and the higher purpose for all that has happened is revealed.

Transformation is overcoming the fears of the past and leaving aside the desires of the future and returning to the now as the present moment. The present holds in its fist the gems of realization. Realization is not the understanding of the outside world. It is the complete experience of the atma which is the true self.

There is nothing more powerful than experiencing love that emanates from the atma. The power of this love can be measured only by the one that experiences it, unites with it, and gives it without any hesitation. God Himself comes down as love itself to teach mankind the lesson of inner transformation. Transformation is not a change but in truth it is diving deep into that within you which is changeless. The highest peace is experienced when one lives a life of love.

Who can learn how to be courageous?

You can only learn how to give up fear

Who can learn how to be compassionate?

You can only learn how to give up hard heartedness

Who can learn how to be truthful?

You can only learn how to give up deceitful ways

Who can learn how to be peaceful?

You can only learn how to give up selfish wishes

Who can learn how to give?

You can only learn how to give up the conceited thought

Who can learn how to serve?

You can only learn how to give up the lazy life

Who can learn how to be good?

You can only learn how to give up the hateful play

Who can learn how to love?

You can only learn how to give up saying no to your own heart



The Power of Transformation



1. There is no power greater than that of prayer. Prayer is uplifting the self to its highest inspiration so it can know its true nature. Once the self recognizes its own potential it has no more boundaries. It can accomplish anything and everything. The self that becomes fully aware of its nature of pure love can attract the world and bring change for the good of all. Such is the power of Self transformation.

2. Only that one can unite the world that has the diligence, discipline, and devotion to keep his self in check always. The one that strives for truth and truth alone, brings truth to the world without any effort. He makes every spirit aspire to be a true friend to his own self. He brings peace naturally only because he is at peace. He thinks the ways of love and falls in love with them over and over again.



3. Those that doubt their self and know not the power of prayer shall make the outside world their home of fear. Drowning in the thoughts of fear they shall sway with every change of time. The gifts of time shall become most precious to them. They shall disown the purity of the self and instead become the masters of greed, envy, jealousy and hatred. But even for that one the self will one day beckon. In every spirit there is the ultimate call of freedom.

4. There is no confusion that lasts forever. As the soul aches for peace one gets elevated to think the clear thought. Whether you believe in God or not, ultimately you shall believe in yourself... and that shall lead you to the Divine Self that is silent in every soul. Once you reach that silence, the truth shall reveal its brilliance, and you shall know yourself as a part of God. You shall recognize His truth as your own nature.

5. In the very heart of prayer God alone resides. You speak to Him only because He has spoken to you. The greatest way to worship God is by knowing that wherever you walk... wherever you are... whatever you are facing, He is there... within you. When that becomes your sole thought you become the powerhouse of His grace.

6. The good shall find their strength through prayer. They shall bear all for the sake of peace. They shall lead the world by their simple values. They shall face fear by wearing the face of truth. Nothing shall come in their way. They shall proclaim their victory over each



injustice with the silence of their humility and absolute faith in the Universal Self.

7. The best of worlds lie in the calm peaceful mind. The desire to love shall wipe off the demons that test the patience of the inner spirit. The one that aches for truth... the one that cries in joy of devotion... the one that asks the strength to ask nothing ever, shall become dear to the Divine Hand that protects and sustains His children. What harm can come to the one that sees no harm ever done to him?

8. The thought of anger, jealousy and hatred stands not a chance before the power of love. The destruction they bring is only temporary. The permanence of truth shall return and restore the simple acts of goodness and oneness. The one that dreams to destroy the power of truth will himself vanish in the void of delusion.

9. The only victim of hatred is the one that attempts to enforce it. The cries of the innocent never go unheard. He who hears them protects them and accepts them upon His lap forever.

10. Compassion for all, in all circumstances shall always save you. There is no one that deserves anything less. Those that are patient with another's impatience receive the supreme grace of compassion. Compassion is beyond understanding. It is born when your connection with the Divine is unshakable.



11. The abode of peace resides within you. Let peace remain unconditional. No one and nothing can be a source of peace. The very fact that you depend on something or someone for peace is itself an unpeaceful state of being. Peace is when the self is dependent on the self alone... nothing else.

12. The one that attunes his self to the voice of God within him receives the grace to pray. Prayer starts with speaking to God. Later as one finds the strength to remain silent by thought and desire, God speaks to him. In that prayer one finds salvation and realization.

13. Wisdom is the voice of the pure heart. The words of love that arise from the heart can tame the most ferocious mind. Confidence in the self leads to the path of wisdom. The experience of wisdom is truth in its simplest form.

14. Wisdom is just. It is strong and sweet. It does not fear the horridness of fear for it simply cannot see it as that. Wisdom is being at peace with the present moment. It does not judge anything of the past nor does it await the future. It is content.

15. Wisdom is complete freedom. You have to be free from the thoughts that bind you to them. You have to observe both the external and the internal worlds. In reality the self alone exists... all else is the movement of the mind. The good times and the bad times simply reflect the good and bad state of mind.



16. Those that dream the acts of evil themselves lose the joy of deep sleep. God is ever awake. God is ever vigilant. Have faith. Those that plan the acts of war shall face the Divine will and perish.

17. There is nothing that can go past the Eye of God. The blessed one sees His eye upon him and thanks Him. The fallen one fears His eye and loses the sight of love and righteousness.

18. The all merciful one casts His eye upon His fallen angel and showers upon him the grace of self-transformation. The one that had once fallen then uplifts his brothers and sisters, making each one aware of the compassionate Divine Eye, that saved him forever and gave him the grace of selfless and unconditional love.

19. Those that become aware of being the children of God lead the world to peace. They become the kings of compassion. With their unwavering minds and acts of love they teach the lessons of virtues and leave behind the examples of good character and pure living.

20. It is time to walk holding each other's hands, leaving behind all grudges. The brothers of different nations must make their mothers proud by accepting and serving each other. What differences can you harbor when you have accepted God to be your father and mother? It is a pity to hold on to dislike and easily give away the gift of peace. There is no victory in the wars of hatred. Victory is in tolerance and patience.



21. The prayer of gratitude shall conquer every fear. No task is complete unless you have thanked God for being there with you... within you... around you. Thanking God is being aware of God's constant presence. Those that become drunken in that awareness complete every task with Divine perfection. They lead all the children to the ocean that roars with innocent love.

22. Religion is a way to love God. It can never be forced. It must be chosen. Those that erect the walls of differences erect the tombs of hatred. They guard the death of love. They speak the name of God with hateful acts. But God is the absolute eternal union. Those walls of hatred have no foundation. They shall fall, and those that built it shall pray to rise from their pits of delusion. The brother that had sworn to kill his own brother shall learn one day the power of true prayer. He shall be reborn to know and understand his own spirit. It is a matter of him seeing truth within his own self.

23. Never doubt your own inner strength. The pain you endure immediately lessens when you begin to remember your origin... your oneness with the Divine Universal Self. Always remember that when the name of God is within you no harm can come to you. The unfair and unjust minds will themselves be confronted with the pain that they give to another. Even though they shall scream their victory, their inside spirit shall cry mourning their silent defeat. There is nothing more powerful than God's name.

24. Most seek God's grace. But that grace is already with each one. You are never alone. You are filled with His grace. The thought of



being alone comes when you have forsaken the faith that you are His child forever. One has to believe in his Self. That is the greatest fight of all fights. All other fights will be easy if you have stood on the ground that you are your Self. You are that and nothing else.

25. Bliss is the beginning and the never ending road of faith. Fill yourself with faith. What is there for the one to lose that has faith in his self? And then again what can be given to the one that has lost faith in his self? What can he hold when he has forsaken his heart and doubted the strength of his own hands?

26. The enemy is never outside... he is within. The war to be waged is to be moment to moment. The self that tries to understand the enemy becomes the enemy. The one that stands and faces him with love and discipline transforms him. In reality the enemy within is the forgotten self that wishes to befriend the true self.

27. It is faith in yourselves that shall make you the strongest soldiers of war. You are to fight evil with truth... hatred with love... greed with selflessness... anger with the silence of peace. You have to fight evil and then again at the same time you have to turn the ways of evil toward the golden path of goodness. Transformation can be brought when one is ready to fight evil, yet at the same time if that one repents his past acts, you are ready to embrace him without any judgment. The story of transformation is not that of change... it is of remembering love and forgetting the mistakes of hatred.



28. Believe in what you speak to God. Believe that He has heard. Believe that He knows best. Just believe and fear not what you believe. Even if the storm is close... even if it has come, you are to believe. If you believe in the power of your prayer you shall endure what He willed you to without any fear... for the storm has no power if you are fearless.

29. I am the center of every soul... every spirit. Those that remember Me get filled with Me and Me alone. Those that forget Me lose themselves in the thoughts of destruction.

30. I am attained by Wisdom. The mind that gives up the desire to be this and that becomes still in truth. In the still mind I shine as the brilliance of pure love.

31. There is no injustice that remains forever. I end every injustice by My will. I am the embodiment of love. No injustice can stand before the power of My love.

32. Those that have lost their brave beloved ones have reached Me. I promise that they shall be with Me and I shall serve them and make them My angels of truth and love.

33. God alone rules this entire universe. The power struggle for this and that is meaningless. Conquer the unnecessary thoughts of dislike and you are the ruler of heaven.



34. Every religion has God's word. Who is to say that this religion is right and that wrong? The saints are the angels that come to share the love of God. The one that tries to harm his own brother of another religion has not understood his own. The greatest practice of religion is the practice of equality and peace.

35. God is not a Hindu... a Muslim... a Jew... a Christian. He is all in one. His compassion quenches the thirst of all His children. All His children must reflect that same love. Tolerance of another's way to love God is wisdom.

36. It is good to uphold your religion. It is good to practice it with all your heart. What is not good is when you force another brother to follow the way you know it to be. There should be broadmindedness. To hurt another in the name of religion is sin.

37. Faith is honoring God in every soul. Fear not the howling of the winds. Let it blow before you the dust of doubt. You endure the storm by repeating My name. Remember if you face one storm by being a hero you shall stand before the storms to come, fearless and free of judgements.

38. Selfishness and ego has brought misery. The moment you shall be free of planning profits from your own brother, it is then you shall be free in giving, forgiving and silently serving. God punishes no one. He is the Mother of all. Misery is the result of one losing faith in the strength of goodness.



39. One builds a dream city in his mind. And then he fights the will of God. There has to be effort to change in one's heart. The world will not change all at once. You have to see the world with God's eye of equality and love.

40. Why must you fear God's will? Fill yourself with God thought. Things sometimes don't go your way. Let not desperation make you lose your inner strength. Things change for the better only when you are not afraid. Spend your time doing good deeds. You can create peace even in the midst of a storm. Be led by the strong spirit within you. The weak mind shall silence in time.

41. God is not a dictator. He gives to each soul the spirit of free will. You must make your choices always being aware that God is watching you. Awakening God's presence shall give you the inner guidance.

42. A prayer is talking to God that resides within your own heart. Speak to God with complete sincerity. Have faith that the moment you call His name He is right beside you. There is nothing you can hide from Him. He knows everything. He shall answer you always. But you must have the discipline to wait... wait... wait. He shall do the needful with splendor and grace.

43. Why must you fear God's will? Offer all that you do to Him. Success and failure are two sides of the same page. The best is watching the present without the fear of judgement. To stay calm one has to believe in his effort and God's will.



44. The moment you panic and hurry you shall make wrong choices. Even when the worst stands face to face with you, you must stay calm and patient. Nothing changes for the better if you panic. The best comes when you take one step at a time and believe in yourself.

45. Sometimes you have to walk bravely on thorns and the edge of glass. Once you endure the pain of karma, karma vanishes. Your calling must always be toward the right and not the easy and comfortable.

46. A true leader has no enemy. He walks on the principle of truth. He faces the ups and downs and protects those that follow him. He is always creating the path of good for the one that walks beside him.

47. Cherish the peace that goodness brings within you. The power of goodness brings grace of God. Why do you feel helpless? Why are you waiting for another to do you a good deed? Conquer the weakness and do good without any expectations.

48. The moment you challenge your prayer it loses its strength. Be bold. A prayer is walking to God without any hesitation.

49. The present moment is most powerful. It is the now that creates the yesterday and the tomorrow. The wise one does not allow the present to escape.



50. Nothing should be done halfheartedly. Be grateful for every task God sends your way. No task is too small or insignificant. Take every responsibility knowing that God is giving you the grace to be a hero.

51. Peace cannot be earned by fighting wars. Be the soldiers of God and endure the meanness of those that wish to fight. Retaliate with equal mindedness and compassion. The story of greatness is only left behind by a hero that held on to peace for the sake of all.

52. Self-confidence grows as one becomes closer to the heart. The heart is the center of love. Fill yourself with love. Pure love will create the mind that is filled with the highest wisdom. The one that seeks truth outside his self denies the truth that is within him. Believe that truth is in every atom of your being. Then God will reveal Himself to you from your own heart. That is Self-realization.

53. Observe moments of silence. Silence of the mind will give you many answers that you seek. As long as worldly thoughts trouble you, you shall ride the waves of desire and fear. Think good thoughts. Think giving thoughts. Think content thoughts. Think patient thoughts. Create joy within yourself. Want nothing. Ask for God alone. Make the mind a temple of peace.

54. You should adhere to spiritual discipline. Just like you feed the body with food you must feed the mind with good spiritual knowledge. You have to feed your heart by doing good selfless



deeds. You have to feed the soul with morsels of peace... and you have to offer your body, mind and soul to God.

55. The one that has the destructive mind terrorizes even his own self. The sad part is that he knows it not. He thinks he is empowered by the thoughts of destruction. In reality the thought has destroyed him.

56. You cannot make peace with the one that wishes not to make peace in return. You have to be filled with peace. You have to wait in silence. When he gives up his petty resistance he shall extend his hand to you. And at that moment you shall forget, forgive and embrace him in peace.

57. The continuous thought of God makes the mind fearless. It is the fearless mind that learns to love without any hesitation.

58. Always pray for the wellbeing of all. Have no differences such as mine, yours or theirs. Know that each and every one is in the family of God. There must be no one to dislike... no one left out. Such a prayer is complete.

59. To ask God for grace is like asking the sun for light. God is all pervasive... all merciful... all giving. He overflows with grace. You have to be awake from the heart to receive it.



60. There is no good soul or bad soul. There is only the good thought and the weak thought. The good thought leans on peace... the bad thought dives deep into fear.

61. There is nothing greater than having a good character. As one trains the mind to be good and strong, one experiences the power of the goodness. That power leads to righteous nature. That nature is the character of the intellect. A good character is like a charioteer that leads the senses and sense organs towards peaceful pursuits.

62. The world will only appear peaceful if you are at peace with yourself first. Who can give you peace? You can only make peace by accepting the peaceful path. If you are dependent for another to give you peace you are not at peace right now.

63. The arrogant mind lives on differences. It crowns its own self and belittles the effort of all others. It is the mind that fears defeat. In truth, success is crowning the efforts of all. Be humble and grateful for all the love you receive. Always remember that if you have climbed the ladder, someone was holding it for you. What is there to be arrogant about?

64. The devil is not in the world outside... it is in the mind. Sin is the attraction to the outside glory... and the denying of the inside wealth. You fall in life because you are not careful, not because another one was not watching you.



65. The pure mind cannot see any negativity in anyone. He accepts any meanness and gives in return wisdom. He turns the intent of the enemy toward friendship.

66. Who says you need to be perfect to love God? You have to be earnest in your intent. Even a moment of sincere love for God will make you His instrument for life.

67. Desire becomes the only friend of the mind filled with desire. Deceit becomes its nature... and fear becomes its expression. To give up one desire, one desires something higher. Desire the grace of God. Weep for His grace. Ask Him for the strength to be loyal to Him. Serve Him. The gift of sincerity to God shall make you His fearless angel.

68. Everything happens for a higher purpose. The Divine Will reveals itself at the precise moment. The troubled times brings God's closeness. The strength to love God comes when nothing is important other than Him.

69. Wake up each day knowing that God's grace is with you... in you... around you. Start the day with faith. Fill the day with love. End the day with gratitude.

70. Why fear death? That is the end only of the physical existence. The soul is birth less and deathless. While you are in this body you



must realize the infinite nature of the soul. You will experience endless bliss.

71. It is the “law of karma”. That which you send in another’s way returns to you. If you send love, grace returns to you. If you send hatred, destruction returns to you. Be aware, for the law of karma is for all. No one can escape it.

72. The one that dies the death of a victim receives the place in heaven forever. For him there is no more birth or death.

73. Ask not why this is happening and why that is happening. Ask yourself why is my mind not silent in faith? God is watching everything. Why am I questioning my eternal father? His answer is on its way. Dear Lord, I will be silent in prayer and wait.

74. Faith is rooting yourself in God’s wisdom. Sometimes wrong things happen and you wonder where is God right now. Realize He is there. You are only seeing the law of karma. You are yet to see His grace for the innocent and His mighty sword for those that defied the nature of love.

75. The “I” declares itself to be different from God. Then it seeks Him... and while seeking Him it questions itself... who am “I”?

76. Love is the way of peace. Love knows no conflict. The I thought vanishes when one practices love. You have to give more than you receive. And whatever you receive you give, until nothing returns.



77. Respect all forms of life. The mother, the father, the brother, the sister, the friend... all must receive your gratitude. Sweet words and a loving gesture make two become one. Respect sees oneness. It hears patience... it speaks kindness... it feels goodness.

78. Tolerance is accepting the nature of a weak mind with no conditions. Be tolerant and realize that you can turn anyone toward God by being a friend even to the one that wishes to be your enemy.

79. Ask yourself what have I to fear? My safety... my welfare... my needs? Has not God protected me till now? Has He not always provided for me? Will He forsake me? No, He will not. I need to turn toward Him and give to Him my faith. I am afraid of keeping God by my side. He is always with me.

80. Stand in unity. You are all brothers and sisters. There must be no fear to face fear. Holding the hand of truth you have to lead each other. You are to make every battlefield the ground of faith.

81. All are children of the same God. What is the need to fight then? The fight for power is the stubborn I thought... nothing else.

82. The wars merely declare the I, fighting the I... the I destroying the I. In the end, both are dust. What remains is the wisdom of peace and the lesson of no more wars.



83. Fortune is not what you earn in this world. It is not what the world gives to you. It is what you give to yourself. It is the gift of truth that you receive from the soul within.

84. And the one thing you will learn is that God knows. God is in charge. God is beyond everything. God alone is carrying the burden of His every child. All other discussions are of no use.

85. God tests you to strengthen you. In every test God alone questions you and answers you. Throughout the test you need to be vigilant.

86. Don't plan. Don't worry. Do your best. Cherish your faith. Be grateful for everything. God knows. Grace is loving the love of God.

87. The very breath in your body declares that it loves God. You are born to complete the task that God has sent you for. The one that completes His task in God's presence receives the eternal life.

88. You are attempting to be good. You are attempting to love. You are attempting to understand truth. Realize, whatever you are attempting to be, you already are.

89. Transformation is evident for every soul that takes birth. It is only a matter of time, place and experience.

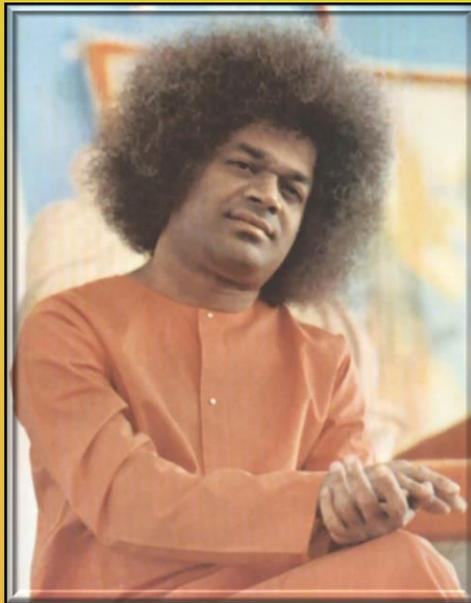
90. Observe yourself... your nature... the way you think... you speak... you feel... you conduct yourself. Self-observation is the greatest



spiritual discipline. The study of yourself is the deepest study of all. Self- inspiration will give you the most courage. The world is in a constant state of change... but the self always remains the same. Taking the self toward itself is most powerful. It is the transformation where the self sees the power of itself and nothing else.



A Prayer of Gratitude



*O Lord of Parthi
That turns
His devoted one
Into the golden heart
I say Your name
In my every breath*

*Even a million salutations
To You*

*O Lord of Parthi
Cannot repay
The love
That you bestowed
On all Your children*

*What can I ask
From You*

*O Lord of the helpless
That pours
Upon all
The grace to love
In silence...*

*And what can I offer
To the Lord
That holds in His hand
The whole universe?
You gave us
Your self
What more can there be?
I stand beside You
With the memories of love
Filled within
With eternal peace...*





Jai Sai Ram